

**YOUR TIME WITH
US IS ALL ABOUT YOU**

we want you to have the best experience possible, so whether it is the music, the temperature of the massage stones or room, or the pressure of your massage, please tell us as this will help us provide you with the best day spa experience possible.

in order to guarantee premium service and treatments we use and retail only the highest quality product lines which include our eminence organic skincare for your face and body. eminence uses the healthiest ingredients, without any harmful chemicals or additives. our australian organic mineral make-up collection (inika) also uses 100% natural ingredients, that heal and protect your skin. we serve, and stock, an assortment of herbal teas by the tea chest, blended and packaged in the daintree, using as many local ingredients as possible.

we all need a little nurturing from time to time, so whether you are wanting to treat yourself or purchase a gift voucher for a friend, our highly valued, friendly, professional and multi-skilled therapists provide a premium holistic day spa experience for every client. failure to give 24 hours notice of cancellation will result in a 50% cancellation fee being charged. 'no show' appointments will result in a 100% cancellation fee being charged. this also applies to gift voucher appointments.

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Surrender to that deep place of
calm

tropical north
DAY SPA

for appointments phone 4779 7648 | info@tnds.com.au

153 charters towers road, hermit park q 4812

www.tnds.com.au



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CUSTOMISED FACIAL TREATMENTS

eminence organic treatment facials	75min	\$180
	60min	\$160
	45min	\$120
	30min	\$90

BODY MASSAGE SAFE DURING PREGNANCY

90 minutes	\$180
60 minutes	\$140
45 minutes	\$110
30 minutes	\$80

WARM STONE MASSAGE

90 minutes	\$180
60 minutes	\$140
45 minutes (back of body)	\$110
30 minutes (back, neck + shoulders)	\$80

BODY TREATMENTS

full body exfoliation	30min	\$80
hair & scalp treatment	30min	\$80

INFRARED DETOX CABIN

infrared detox cabin for one	45min	\$40
if added to another treatment	45min	\$30
multi-person	45min	\$20pp

BODY WRAPS

blueberry soy	45min	\$140
mango enzyme	45min	\$140
chocolate truffle	45min	\$140
dead sea mud	45min	\$140

for full wrap details visit tnds.com.au or call 4779 7648

SPA PEDICURES

ultimate spa pedi (incl. foot & lower leg massage with warm stones)	90min	\$180
spa pedi	60min	\$140

UPGRADES TO COMPLIMENT ANY OF OUR TREATMENTS

upgrades can only be selected, if you are adding 3 or more together or adding them to a treatment.

waxing session	15min	\$40
tinting lash and/or brow	15min	\$40
scalp massage	15min	\$40
massage extension	15min	\$40
body lotion application	15min	\$40
express facial	15min	\$40
hand or foot treatment	15min	\$40
make-up application	15min	\$40

please advise at time of booking

PACKAGES

complete day retreat	7hrs	\$745
isle of tropical delight	4hrs	\$495
escape the day	3hrs 15mins	\$395
mind, body & soul	2hrs 30mins	\$365
refresh and revitalise	2hrs 30mins	\$345
body buff & polish	1hr 45mins	\$245
relax & rebalance	1hr 45mins	\$245
body cleanse & revive	1hr 30mins	\$235
ultimate spa facial experience	1hr 30mins	\$235
detox & balance	1 hrs 45mins	\$195

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OPENING HOURS

monday	8:45am - 5:30pm
tuesday	8:45am - 5:30pm
wednesday	8:45am - 5:30pm
thursday	8:45am - 5:30pm
friday	8:45am - 5:30pm
saturday	8:45am - 4:30pm

open from 5:30pm - 6:30pm wednesday & thursday by appointment.

all treatments include change and/or shower time. prices subject to change without notice.

TO BOOK

- ☎ 4779 7648
- 🌐 www.tnds.com.au
- ✉ info@tnds.com.au